

Attachment #2A
Preparation and Use of Low-Glutton Communion Host

1. Before the Mass start time, individual/s may inform you that they request a low-glutton Communion Host during the Mass.
2. The low-glutton Communion Hosts are small, white wafers that are stored in the Sacristy refrigerator.
3. In some cases, due to very serious and rare medication conditions, some individuals may even experience medical emergencies (anaphylactic reaction or shock), merely because they consumed a low-glutton host, which had previously come in contact with normal, wheat Communion hosts.

Because of this:

- a. Out of respect and the health of our fellow parishioners, care should be taken to ensure that the handling of normal, wheat and low-glutton Communion Hosts is completed separately please – so as to avoid any inadvertent cross-contamination.
- b. Non-glutton hosts to be consecrated during the Mass are to be placed in a brass-colored, special metal, pyx-like device (in the Sacristan’s sacristy cabinet). (Please see the photographs below for reference)
- c. The correct number of non-glutton hosts is to be placed in the device, the cover lid placed on it and the entire device is then placed on the credence table; to be brought forward later with the other Communion vessels by the Altar Server/s during the preparation of the altar for the Mass Liturgy of the Eucharist.
- d. At the end of the Mass, once the device has been purified by a cleric, it is free to be washed with soap and warm water and returned to the sacristy cabinet for future use.

